

SPRING 2014

IMPACT REPORT

Cyrenians

Scottish Centre for Conflict Resolution

Since 2006, Cyrenians has been supporting individuals and families in Scotland to identify and work through conflict. The latest addition to these services is the Scottish Centre for Conflict Resolution (SCCR). With funding in place until the end of March 2015, the SCCR is building on our award-winning Amber family mediation and support service, our conflict resolution training, and our landlord/tenant mediation service.

We are delivering:

- National surveys to professionals, parents/carers and young people
- 5 FREE national conferences across Scotland
- 40 FREE training sessions
- 20 FREE seminars and events
- Interactive digital website
- Work across 32 Local Authorities

FIRST STAGE NATIONAL SURVEY OCT - DEC 2013

We distributed national surveys to professionals, young people and parents across Scotland to inform our work and establish what resources, topics, and interactions would be of value.

Over **78%** of **professionals** agreed that conflict is a regular occurrence for families that they work with.

Over **80%** of **parents** felt misunderstood, frustrated, angry, guilty, upset, unloved, sad, stressed, or like a poor parent when there were family disagreements.

Over **60%** of **young people** are involved in weekly disagreements/arguments with their parents/carers.

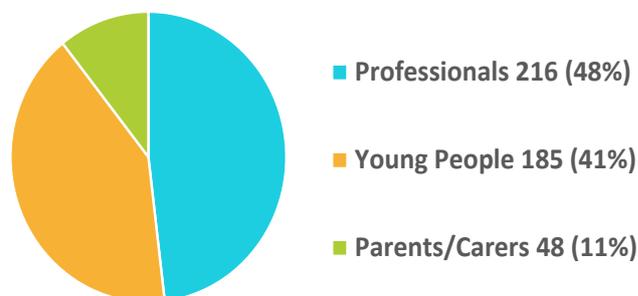
"I spent many years working with homeless young people. I know from experience the difficulties for young people once they have entered the homeless system and the value of preventing it happening in the first place.

It is widely accepted that prevention is a more cost effective way to deliver services, and for young people it could also be a way to save the grief and heartache that comes from starting off their adult life in a position of being homeless."

Tam Baillie
Scotland's Commissioner for Children and Young people

Reach - 3 national surveys:

Survey distribution **1100**
Responses **449 (41%)**
Local Authorities's reached **28**



Contact us for more information:

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Phone: (0131) 475 2493

Facebook: www.facebook.com/sccrcentre

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The SCCR has been made possible by funding from the Third Sector Early Intervention Fund. Edinburgh Cyrenian Trust, a registered charity in Scotland, number SC011052

VOLUNTEERING AND GIFTING TIME

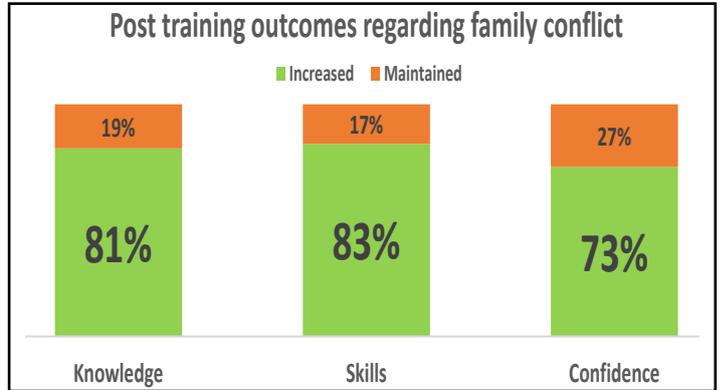
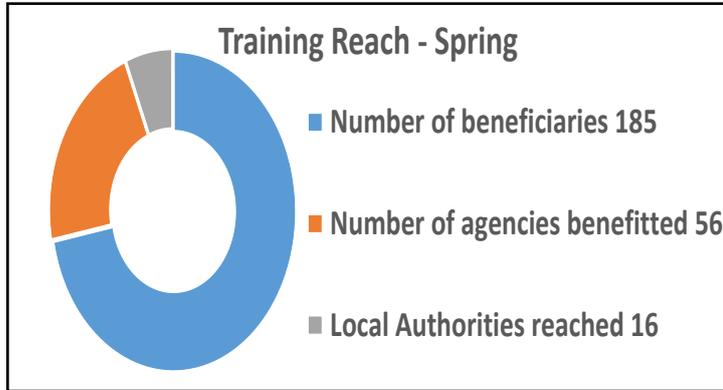
Through our events and the development of the service, people have gifted **310** hours of their time.

TRAINING

We designed and delivered training events across Scotland for young people, parents and carers, and the front-line staff who work with them. The training enabled participants to increase their skills, knowledge and confidence; and reflect on and understand some of the dynamics of conflict within relationships.

"I really enjoyed this course and found it very helpful. Using the skills at work is a new experience for me and the course has given me confidence in my ability to carry this out."

Training delegate



CONFERENCES

We delivered 2 national conferences to encourage and facilitate dialogue around the importance of early intervention and reducing family conflict to better support young people and families to improve relationships and improve life chances.

"We cannot underestimate the impact an initiative like the new Scottish Centre for Conflict Resolution can have in reducing family conflict - and in helping young people avoid homelessness because of family breakdown."

Aileen Campbell
Minister for Children and Young People

- **85%** of delegates feel **more confident** about discussing family relationships with young people and families who use their service.
- **98%** of delegates would be **interested** in attending future SCCR events.
- **82%** of delegates rated the conference experience as **excellent**.

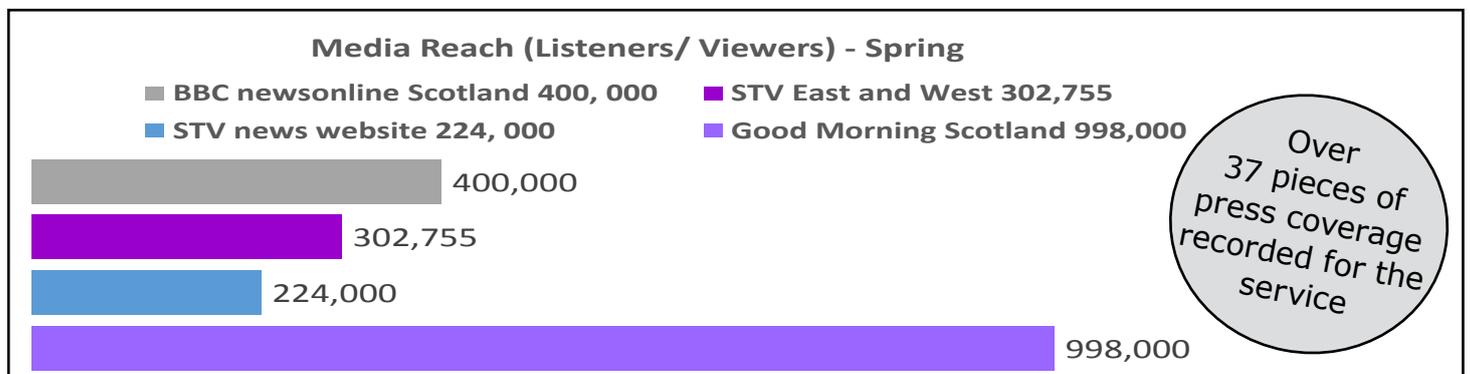
"Thank you very much for the opportunity. I felt uplifted to hear all the great work going on. "It takes a village to build a child" and this event shows the villagers are waking up!"

Conference delegate



NATIONAL CAMPAIGN - PUBLIC AWARENESS

We developed a national awareness raising campaign for families, young people and communities with the aim of seeing an overall reduction in family breakdown between parents and teenagers.



Over 37 pieces of press coverage recorded for the service

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