SCCR 2016-2017 ANNUAL CYCOLOGOS IMPACT REPORT

Scottish Centre for Conflict Resolution

The Scottish Centre for Conflict Resolution (SCCR) is the first national resource centre in Scotland promoting and supporting best practice in mediation, family conflict resolution and early intervention, with a particular focus on young people and families, in order to improve relationships and improve lives. The staggering fact is that every year, nearly 4,500 young people in Scotland become homeless due to relationship breakdown. Through a series of events and online resources, the SCCR aims to encourage people to develop conflict resolutions skills and change the culture of conflict in Scotland.

NATIONAL CONFERENCE - TRANSFORMING CONFLICT

In February 2017 the SCCR held it's 7th National Conference 'Transforming Conflict, nurturing human relationships.' **108 delegates** from across Scotland representing **70 organisations** came together to address a range of topics relating to the importance of early intervention, education, the teenage brain, criminal justice, mediation, and the wider policy and social issues of family conflict.

MARK MCDONALD MSP

Ministerial Address 2017

Minister for Childcare and Early Years

"The Scottish Centre for Conflict Resolution plays a vital role in reducing family conflict and equipping young people with the skills to develop healthy relationships and cope when family relationships break down."



Agreed the conference was an important resource that supported them in their work.



Agreed the conference contributed towards reducing the risk of homelessness for young people.



Would recommend the SCCR to other staff and agencies.

NATIONAL SURVEY & CONSULTATIONS 2016

In summer 2016 the SCCR developed and launched national surveys consulting with young people, parents/carers and professionals across Scotland regarding their views on family conflict, support services and their needs in order to improve their relationships and lives. The results provide an updated snapshot of the issues facing families in Scotland and those working with and supporting them, as well as the type of support needed. The results will go on to shape and inform our work, allowing the SCCR to continue to challenge the culture of conflict in Scotland. A full report including our actions and 5 key recommendations is available on the SCCR website <a href="mailto:scotland.com/sco

592 responses

Across 32
Local Authorities

544 survey questionnaire responses

9 consultations with 48 participants

45% of young people and 75% of parents say that conflict at home happens at least weekly.

76% of parents and 30% of young people acknowledged that arguments at home have affected their mental health, and for some the effects are quite severe.

87% of professionals said conflict was a regular occurrence for their clients; 80% stated that homelessness & sofa surfing was frequently experienced by the young people they work with.

AWARDS



The SCCR were delighted to be announced winner in the 'Best Video' category at The PMA National Mediation Awards 2016. You can watch our award winning video 'My Conflict Resolution Experience - Young People and Families' on our YouTube channel.

VOLUNTEERING & GIFTING OF TIME

Through our events and the ongoing development of the service, dedicated individuals have very kindly gifted us with over **370 hours of their time**.

TRAINING

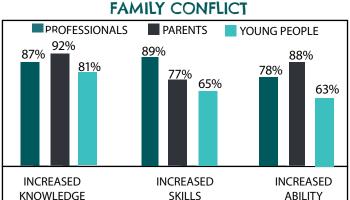
We continued to deliver a series of training events across Scotland for young people, parents/carers and the staff who work with them from over **255 organisations** across **29 Local Authorities**. Attendees skills, knowledge, confidence and understanding of mediation and family conflict has increased as a result of the SCCR training.

POST TRAINING OUTCOMES REGARDING



"[The training was] very informative and valuable. It will help me to be a better parent."

Parent training attendee, April 2016



UNTANGLING THE KNOTS - 3 DAY TRAINING

Following a successful pilot year we continued to deliver our accredited three-day course to assist practitioners working with young people and families to further develop their knowledge and skills in conflict resolution with a particular focus on assisting families to manage difficult relationships.



Agreed the course will help them to make changes in the way they manage conflict.



Agreed the course increased their ability in supporting families in conflict.



Agreed the course will support them in applying conflict resolution tools and techniques.

SEMINARS & WORKSHOPS

In working collaboratively with other organisations across Scotland we delivered **10 unique events** that benefitted over **250 participants**. We co-delivered with a range of organisations including the Violence Reduction Unit, Children in Scotland, Sacro and Parenting Across Scotland. Thank you to all who assisted in the development and delivery of these events.

DIGITAL REACH AND IMPACT

This past year has seen a steady increase in our website activity and reach. Along with our social media channels and new digital developments, including our 2017 <u>interactive conference page</u> and website films, we have been successful in expanding our reach across Scotland and around the world.



INCREASED INTERNATIONAL REACH 1. USA 2. CHINA 3. CANADA 4. AUSTRALIA



MEDIA REACH AND PUBLIC AWARENESS

The importance of our work has recieved coverage in **50 pieces of media** including national print, radio broadcast and online, as well as coverage in local newspapers. Highlights included an interview with Dr. John Coleman (2017 conference speaker) on **BBC Radio Scotland** and articles in **Herald Scotland** and **Heart FM**.

PROJECT FUNDING

The SCCR were successful in securing additional CYPFEIF and ALEC Project Funding enabling us to develop a series of new psychoeducational digital resources and animated films that will be shared freely via the SCCR website along with events that will take place across Scotland.

Contact us for more information:

Website: www.scottishconflictresolution.org.uk

Email: sccr@cyrenians.org.uk Phone: (0131) 475 2493 Facebook/Twitter: @sccrcentre

