

SCCR 2018-2019 ANNUAL

IMPACT REPORT

Cyrenians

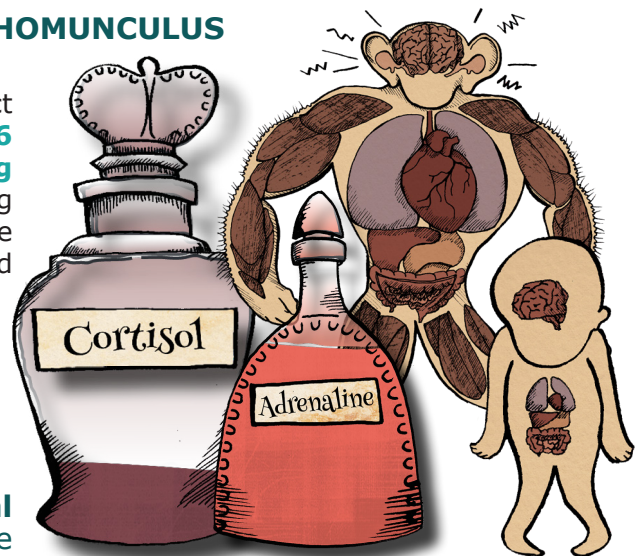
Cyrenians' **Scottish Centre for Conflict Resolution (SCCR)** is a national resource centre promoting and supporting best practice in mediation, family conflict resolution and early intervention work with a particular focus around young people and families. This past year we have worked with **1582 beneficiaries** (**915 professionals**, **216 parent/carers** and **451 young people**) from **230 organisations** across **28 local authorities**. SCCR's award-winning digital resources and free events improve understanding of conflict and emotional needs, to transform relationships and lives. Our sincere note of gratitude to Scottish Government for continued funding under the CYPFEIF & ALEC Fund.

PROJECT FUNDING - MEET YOUR EMOTIONAL HOMUNCULUS AND THE BRAIN'S AMAZING DRUGS CABINET

We delivered 15 interactive psychoeducational Project events engaging with **308 beneficiaries**: **156 professionals**, **113 parents/carers** and **39 young people**. 8 of these were delivered before the funding ended in September 2018 but due to the success of the Project we continued to meet demand of the resources and events by integrating both into our core delivery.

"I thoroughly enjoyed the session and feel that this would be beneficial for young people and carers alike. The resources are extremely engaging and innovative and will provide me with tools to support carers."

Professional
Carolina House Trust, Dundee



OVER 6,800 ENGAGEMENTS WITH THE EMOTIONAL HOMUNCULUS DIGITAL RESOURCES



OVER 117,000 SOCIAL MEDIA ENGAGEMENTS & IMPRESSIONS

OVER 300 RESOURCE PACKS DISTRIBUTED TO YOUNG PEOPLE AND FAMILIES ACROSS SCOTLAND

ANNUAL RECEPTION - THE BRAIN'S AMAZING DRUGS CABINET

Held at Scottish Parliament and kindly sponsored by Iain Gray MSP, we presented an 18 month project impact report and heard from families and professionals/practitioners as to how they are using the SCCR digital resources to enable young people and families to **flourish**, **improve resilience** and **wellbeing** in line with Scottish Government strategy. We were joined by **63 guests** including the **Minister for Children and Young People** and the **Minister for Local Government, Housing and Planning**.

NATIONAL CONFERENCE 2019

Our conference for young people '**The Science Behind Conflict and the Brain**' welcomed around **100 young people**, **teachers** and **support workers** to Glasgow Science Centre. Attendees heard from motivational speakers, including James Docherty, Community Justice Scotland, and took part in activities to discover the science behind conflict, the brain and why we act and react the way we do.



85%

of young people **better understand** what conflict is.

100%

of support staff **agreed/strongly agreed** the SCCR resources will benefit young people and families they work with.

81%

of young people felt that they were now more able to **deal with conflict** in a **positive and managed way**.

Discover more about our young persons conference including films and images plus explore all of our digital resources on our website - scottishconflictresolution.org.uk

WEBSITE REACH AND DIGITAL IMPACT



MEDIA REACH AND PUBLIC AWARENESS

With over **4,000,000 opportunities** for the public to hear or read about our work, we're delighted at the **270 pieces** on national and local media that have championed our work in print, online and on radio. Highlights include:

BBC Radio Scotland

Interview with Diane Marr, SCCR Network Development Manager, and kinship care young person and grandmother on 'BBC Brainwaves'

ITV News

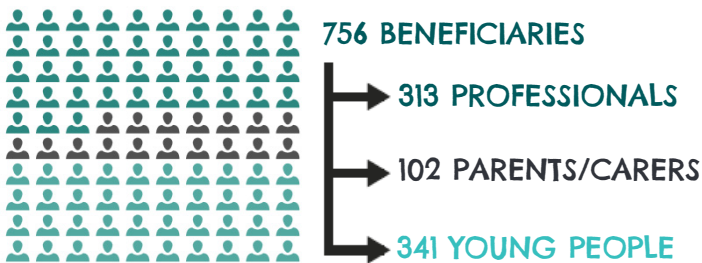
Official partnership marked between Cyrenians' SCCR and Glasgow Science Centre

Third Force News

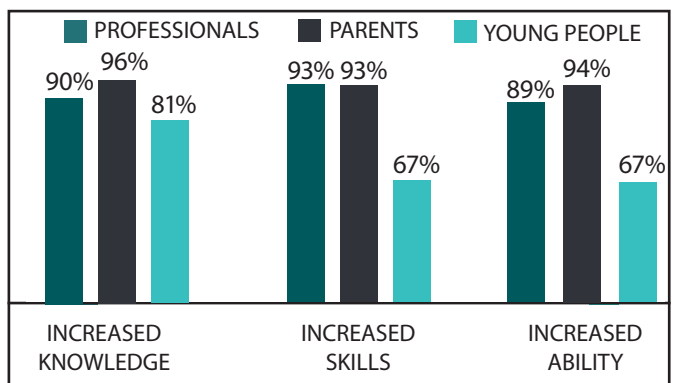
Article published following the release of our 'Meet your Emotional Homunculus and the Brain's Amazing Drugs Cabinet' report

1 DAY ACCREDITED TRAINING

We delivered **45 sessions** across Scotland for young people, parents/carers and those working with them from over **110 organisations** across **24 Local Authorities**. Attendees' skills, knowledge, confidence and understanding of mediation and family conflict has increased as a result.



POST TRAINING OUTCOMES REGARDING FAMILY CONFLICT

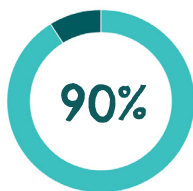


"[The SCCR training is] relaxed, informative, demystifies conflict - makes the topic accessible and empowers participants to feel able to act rather than react."

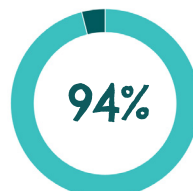
Parent/Carer Attendee
May 2018

UNTANGLING THE KNOTS - 3 DAY ACCREDITED TRAINING

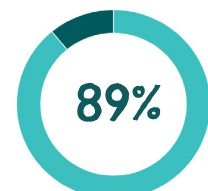
We delivered our three-day accredited skills course in **Renfrewshire, Fife** and **Perth and Kinross** to assist practitioners working with young people and families to further develop their knowledge and skills in conflict resolution with a particular focus on assisting families to manage difficult relationships. **67 participants** from **25 unique organisations** across **12 Local Authorities** attended.



Agreed the course will help them to make changes in the way they manage conflict.



Agreed the course increased their ability in supporting families in conflict.



Agreed the course will support them in applying conflict resolution tools and techniques.

SEMINARS AND WORKSHOPS

By working collaboratively with a range of partner organisations across Scotland we delivered **23 events** to over **492 beneficiaries** including Cafe Scientifique, Citizens Advice Scotland (kinship care) and Scottish Government. Thank you to all who assisted in the development and delivery of these events.

¹Highlight impact results from SCCR evaluations between April 2018 - March 2019

Contact us for more information:
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