

SCCR Scottish Centre for
Conflict Resolution

cyrenians

The Brain's Amazing Drugs Cabinet
brings you

The Brain's Amazing
"Action Drug"



Our fastest-acting
neurotransmitter ever!

ADRENALINE

is packaged in moments of
action, excitement & stress

Heightens your senses

✕

Improves your body's performance & stamina

✕

Acts fast - when triggered by **Noradrenaline** - so
you're always prepared for danger

Caution advised

Too much Adrenaline can cause action to become
aggression, as it narrows your focus and impairs
judgement.

Directions for use

To avoid Adrenaline overwhelming your system,
exhale and let the breath flow in.

Take a step back, or a different perspective to
avoid confrontation (and more Adrenaline being
released).

Discover more of the Brain's Amazing Drugs at
www.scottishconflictresolution.org.uk