SCCR Scottish Centre for Cyrecians

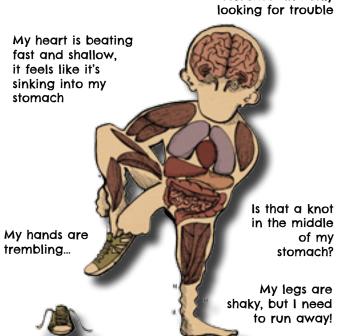
## **Anxious and Afraid**



"I have a *bad* feeling about this..."



My senses are selective and only looking for trouble



Have I done something wrong?

Am I in trouble, again?!

Why do I feel this way? Find out at: www.scottishconflictresolution.org.uk

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