## SCCR Scottish Centre for Cyrcolans

The Brain's Amazing Drugs Cabinet brings you

The Brain's Exquisite "Tranquilising Drug"



Enhances pleasure and eliminates pain!

## ENDORPHINS

# are Packaged in social or physical activity or just being with friends!

Provide feelings of elation and relief from pain  $\mathbf{x}$ 

Promote a sense of excitement and satisfaction  $\ensuremath{\,^{\bowtie}}$ 

Increase social confidence

### Directions for use

Released during sport, exercise, sex or just being with friends and loved ones.

Also produced in response to stress or fear to block pain and numb feelings.

#### Caution advised

In excessive amounts can be responsible for heightened states of rage or anxiety; things could "end on a sour note."

This bittersweet drug can cause you to put things "to the back of your mind".

Discover more of the Brain's Amazing Drugs at www.scottishconflictresolution.org.uk

