

SCCR

Scottish Centre for
Conflict Resolution

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The Brain's Amazing Drugs Cabinet
brings you

The Brain's Greatest
"Anxiety-alleviating and
Alertness-inducing Drugs"



Our dazzling dual-action combo
for controlling anxiety and
creating awareness!

GABA & Glutamate

work together to maintain the
perfect balance between excitement
and anxiety

GABA Glutamate

reduces fear

✕

soothes and calms



has an excitatory and
awakening effect

✕

enhances concentration

Directions for use

GABA and Glutamate work together to allow the brain to learn from repeated action so “practice makes perfect”, and to retrain the mind to learn new, different or better ways of doing things.

Caution advised

Remember to keep GABA and Glutamate balanced by taking regular breaks and avoid “biting off more than you can chew”.

Discover more of the Brain’s Amazing Drugs at
www.scottishconflictresolution.org.uk