

The most natural way to feel happy and loved!

# OXYTOCIN

### is packaged in warm, loving relationships and safe environments!

#### Promotes feelings of love and trust

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Improves connection and communication

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Reduces anxiety and aggression

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Increases self-confidence

# Directions for use

To increase levels of Oxytocin spend time with loved ones, do something you enjoy or just relax and listen to your favourite music.

## Caution advised

To maintain Oxytocin levels be generous with love and affection, with smiles, hugs and cuddles!

Discover more of the Brain's Amazing Drugs at www.scottishconflictresolution.org.uk

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